

My Trip to Upham Woods

Arriving to Upham Woods (Wednesday, May 14)

I will arrive at Upham Woods at 5 pm on Wednesday, May 14.



The first person I meet will be my group's Liaison. His name is Ken. If I have questions about camp, I can talk to Ken.



Once we arrive, we will move into our cabin. I will be staying in the Dr. Walter Bible cabin with Ms. Keach.



The Cabin has no running water, so I will need to walk to the bathhouse if I need to use the toilet or get water. I must tell Keach before I leave the cabin.



Once we are settled in we will meet at the dining hall for the first meal. The first meal is baked ziti, breadsticks, hot veggie, salad bar, dessert, milk, and water.



In the dining hall, we eat “family style,” where there is one big plate of food for the table, and we pass the plate around to serve ourselves the food.



Dinner also has a salad bar. I need to wait until it is my turn before I get salad.

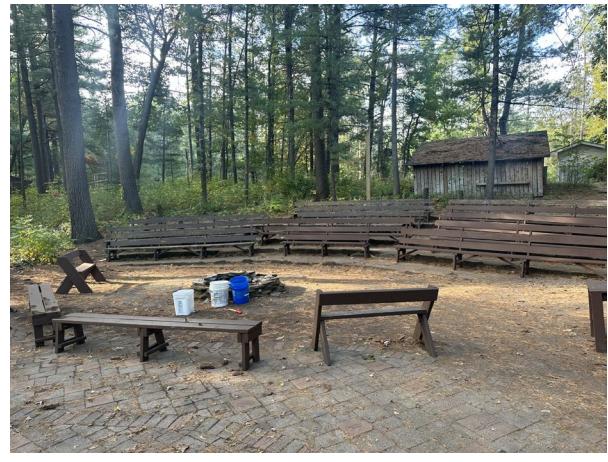




Once everyone is done eating, we will clean up together by putting our dishes on carts, wiping down tables, and sweeping the floor.



After Dinner, we will head to the campfire pit for orientation and to hear the camp rules.

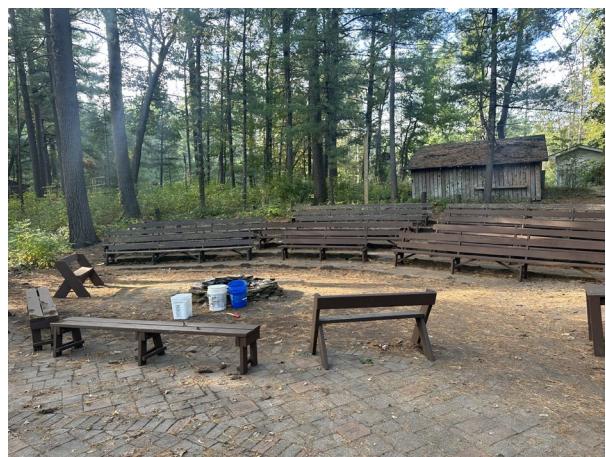


Then we will have a free choice evening activity: Archery, WWC, Fishing or meet the reptiles.



After that class, we go back to the campfire pit where we will sing songs and watch skits.

I can wear my headphones during the campfire. If it gets too loud I can ask Ms. Keach to take me to a quiet spot.



Then it is time to head back to the cabin to get ready for bed.



Thursday May, 15

At 7 am, we will wake up and get ready for the day.

Then we will head to the dining hall for breakfast. Breakfast is French toast bacon, juice, milk, and fruit. It will be served "family style."



Breakfast also has a cereal bar. I need to wait until it is my turn before I get cereal.



Then we will head to morning classes. From 9-10:45 we will hike on Blackhawk Island. To get to the island we need to wear a lifejacket and sit in the barge. If the river is unsafe to cross, we might not go to the island and do a different hike. If I get tired, I can talk to Ms. Keach to take a break.



From 11-12 we will have a second free choice activity, Archery, WWC, Fishing or meet the reptiles.



At 12:30 we will eat lunch. There will be 40 kids from another school in the

<p>dining hall as they are also visiting Upham on Thursday and Friday. They are visiting from Pecatonica. They will sit at their own tables.</p>	
<p>Lunch will be Beef tacos, topping bar, refried beans, tortilla chips. I cannot eat refried beans, but can eat the other food. It will be served "family style."</p>	
<p>After lunch will be more activities. From 1:30-3:15 I will do teambuilding activities with my classmates. If we are listening well, we will get to go to the low ropes challenge course and try harder challenges like balancing on a wire.</p>	

From 3:30-5:15 I will get to go canoeing. I must stay seated in the canoe and always wear my lifejacket.



At 5:30 we will eat dinner. Dinner will be Hamburgers, chips, lemonade, raw veggies w/ranch, fruit. This meal will be served buffet style. So I will need to wait in line to get my food.



After Dinner will be more classes! From 6:30-7:30 will be an evening presentation called bat ecology. This indoor, seated, powerpoint presentation is a great time to rest after a long day.



Then from 7:30-8:30 we will play some group running games like capture the flag or ghosts in the graveyard.



Friday, May 16

On Friday, we will wake up early so that we can clean out our cabin. I will need to put all of my stuff back into my bag, sweep the cabin and spray down my mattress.



I will carry my bag down the hill and place it outside of the main building.



Then we will eat Breakfast. It will be served "family style." It will be Pancakes, and sausage links. There will also be a cereal bar.



Then we will head to morning classes. From 9-10 I will work with teammates on the Upham Amazing Race. We will go around campus trying to find different clues and complete challenges.



From 10-12 we will do outdoor survival where we will start fires and build forts. I will listen carefully to directions and stay in the given boundaries.



At noon, we will eat our last meal at Upham Woods. It will be chicken tenders, mashed potatoes, and a hot veggie. It will be served "family style." There will also be a salad bar.



Then we will get on the bus to go back to school.

