

## Upham Woods Base Camp Packing List

The one rule to successful camping is BE PREPARED! To make your adventure more enjoyable, we have compiled a list of things to bring (and to leave at home). Check the weather forecast for zip code 53965 before packing.

To keep the lost & found items to a minimum: **PUT YOUR NAME ON EVERYTHING!**

*Upham Woods is not responsible for any property brought to camp that is lost or damaged during your stay.*

### **Clothing:**

- Shirts
- Pants and/or shorts
- Rain gear
- Sweatshirt, sweater or hoodie
- Warm jacket
- Extra socks
- Underwear
- Sleep wear
- Hat (preferably with a brim)
- 1 pair of sturdy sneakers or hiking boots
- 1 extra pair of shoes
- Sandals for the beach (summer only)
- Swimsuit (summer only)

#### **For winter only add:**

- Warm head wear
- Two pairs of winter mittens or gloves
- Winter coat
- Snow pants or snowmobile suit
- Long underwear
- Winter boots

### **Personal Gear:**

- Sleeping bag (or twin bed sheets) and pillow
- Towel
- Toiletries – soap/shampoo, toothpaste, toothbrush
- Refillable water bottle

- Insect repellent
- Sunscreen / lip balm
- Flashlight
- Medications in original container with patient's name (if prescription) labeled, and given to first aid coordinator
- Feminine hygiene products (if applicable)
- Beach towel (summer only)

**Optional:**

- Camera (inexpensive and labeled)
- Book to read
- Journal or diary
- Pen and paper/ stamped addressed envelopes or post cards to write home
- Fan and extension cord (summer only)

**Suggested Group Equipment:**

- First aid kits for all leaders
- Movies / board games in case of severe weather
- Costumes / props for campfire skits

**Do NOT bring to camp:**

- Alcohol or drugs
- Firearms or explosives
- Candy, chewing gum or other snacks
- Non-recyclable containers
- Electronic games
- Valuables, jewelry, expensive cameras, etc.
- Money – unless needed for off-site activities

Upham Woods **does not** sell souvenirs, commercial snacks, soda, stamps or film, so please plan accordingly. Please do not let youth store personal money in the cabins, as it has a way of getting lost or stolen. We thank you for your understanding and cooperation.